



# The Halton HomeShare Program





An agency of the Government of Ontario Relève du gouvernement de l'Ontario.



#### **Overview**

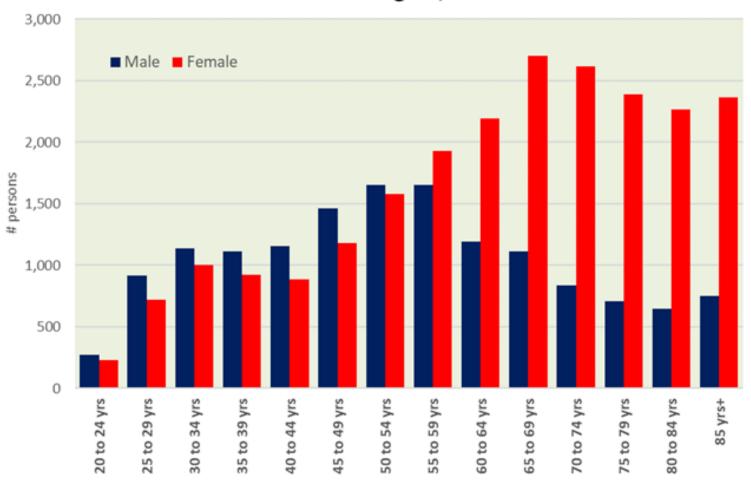
- Demographics of Senior population in Halton
- Researching HomeShare
- What we learned
- Definitions
- Profile of seniors
- Why HomeShare?
- The Halton HomeShare Toolkit
- The World Health Organization
- Halton Region and implementation of HomeShare/roles
- Lessons learned

## Demographics of Senior Population in Halton

Municipality	Population	65 +
Milton	110,128	10,145 (9.2%)
Halton Hills	61,161	8,180 (13.4%)
Oakville	193,832	28, 170 (14.5%)
Burlington	183,314	35,320 (19.3%)

Stats Canada 2016 Census Subdivision Municipalities

## Living Alone Individuals by Age Group and Sex Halton Region, 2016



Community Development Halton/Source: Statistics Canada, 2016 Census

#### Researching HomeShare

- The Perfect Home for a Long Life by Lindsay Green
- Four HomeShare programs in Canada; Red Deer, Alberta, St. John's, Newfoundland and Labrador, and two in Quebec, in Gatineau (Hull) and Jonquiere
- Communicated with Calgary HomeShare; Calgary housed over 150 people in 2013
- HomeShare Canada <u>www.homesharecanada.org</u>

#### Research Cont'd

- Communicated with and did a field visit with HomeShare Vermont (over 35 years of experience)
- Many HomeShare programs throughout the United States and Europe
- International Congress on HomeShare in Spain, 2017

#### What we Learned

#### What is HomeShare?

HomeShare is considered a living arrangement between 2 or more people who reside together in the same dwelling

- Each person has his/her own private space
- Share common areas, such as the kitchen or living room
- Household responsibilities can be shared, or services exchanged for reduced accommodation expenses

#### **Definitions**

#### **Home Providers:**

Home Providers are people who are interested in sharing their home.

#### **Home Seekers:**

Home Seekers are people who are looking to share a living arrangement with someone, for a variety of reasons.

#### **HomeSharers:**

HomeSharers are people who are currently living with a Home Provider.

## Profile of Seniors Considering HomeShare

- Seniors who live alone
- Family and friends live too far away
- Struggling to stay in their home because they do not want to go into a care facility
- Lonely and would like companionship
- Difficulty maintaining household responsibilities



### Seniors' Requests for Help

- Security someone in the home at night
- Shopping
- Gardening and snow shoveling
- Caring for pets
- Cooking
- Cleaning
- Laundry
- Companionship



#### **Benefits for Home Seeker**

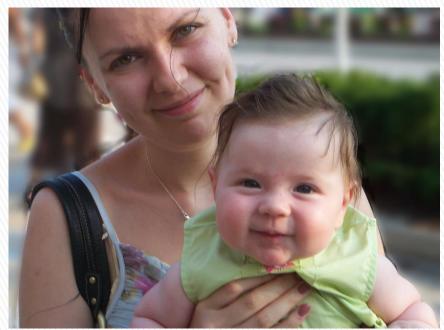
- Low cost of rent, in exchange for service. This is determined by the Home Provider. The average amount is generally between 5-10 hours a week
- Opportunity to save
- Accommodation
- Companionship
- Newcomers practice English

#### Why Homeshare?

- Most seniors want to remain in their homes and communities, to be with their friends and social network
- Many could remain at home if they had some support
- HomeShare can offer companionship, reduce isolation and provide security
- Cost effective and affordable for the Home Provider and Home Seeker

## HomeShare can be Flexible for Many Family Situations





Couple

Single Parent Family

#### The Halton HomeShare Toolkit

 The Burlington Age-Friendly Housing Committee created a toolkit to provide a resource to individuals who are interested in learning more about HomeShare as a housing alternative

A comprehensive self-resource tool that anyone can use



#### **HomeShare**

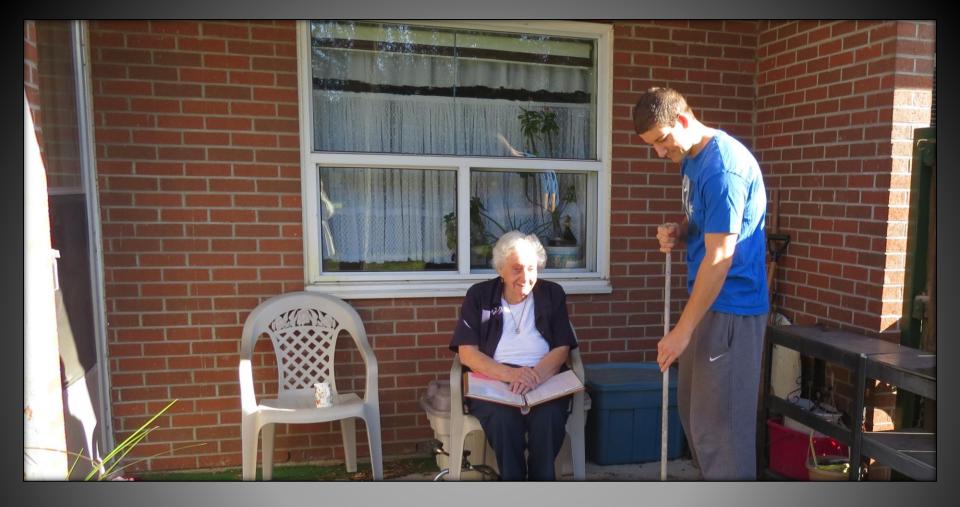
"Good for some but not good for everyone"



#### **HomeShare Vision**

"HomeShare empowers Home Providers and Home Seekers the ability to live in affordable, shared accommodation inclusive of respect, choice, dignity and is of mutual benefit to all."

**Burlington Age-Friendly Council** 



#### **World Health Organization**

The Halton HomeShare Program is on the World Health Organization's database of Age-Friendly Practices



### **Moving Forward in Partnership**

- Halton Region has adopted the Halton HomeShare Program and works in partnership with Burlington Age-Friendly Council and Halton Housing Help to implement the program in all of Halton; Burlington, Oakville, Milton and Halton Hills (Georgetown and Acton)
- Burlington Age-Friendly Council's Housing Committee is particularly involved in the promotion, outreach and education, acts as an advisory

 The HomeShare Program is working to match Seniors, who want to stay in their homes with individuals who can help with household responsibilities

 HomeShare does NOT involve the provision of personal care:

Bathing/Showering

Dressing/undressing

### **Getting Started**

#### Halton Region:

- Establishment of procedures/processes
- HomeShare Provider and Home Seeker registry
- Application form
- Interview form
- Home environmental safety scan
- Background checks: Police check & references on the Home Provider and Home Seeker
- Orientation

#### **Matches**

- Potential matches from the registry
- Home Provider is provided the opportunity to meet with potential Home Seekers that meet criteria
- Decision of match is a mutual agreement between Home Provider and Home Seeker

### What is a HomeShare Agreement?

- Outlines the expectations and responsibilities of each party
- Each agreement is unique to each living arrangement
- Services exchanges and costs involved will vary depending on the needs of the respective parties



#### **Moving in**

 Suggest that the Home Seeker move in with the Home Provider for a two week trial period, before any final decisions are made.



### **Monitor HomeShare Arrangements**

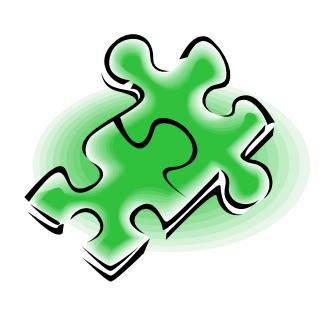
- Initial monitoring and then ongoing
- Face to face visits by staff with Home Provider and Home Seeker (separately as well as together). This is to identify if there are any issues of power imbalance within the relationship
- Regular reports
- Identify the level of participant satisfaction
- Assess changes
- Share information about additional resources that may be needed

## Lessons Learned From Other HomeShare Programs

- HomeShare is about mutual benefit and building relationship rather than just affordable accommodation
- Focus on quality of matches and HomeShare arrangements rather than quantity
- HomeShare is not for everyone
- Family support is important
- Matches take time
- Provide good information to help people make the right decisions for themselves

#### **Homeshare**

A great alternative of housing that can meet the needs of many individuals!





#### **Contact Information**

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