## 5 goals, 100+ actions

1. Elevate the profile, level of leadership and engagement of seniors in the community

Community **Engagement and** Communications Goal 1, 21 Actions

- Establish collaborative of local Senior Advisory/ Age-Friendly Committees across Niagara
- Raise the profile of older people in Niagara and foster positive attitudes toward older people and aging well

**Vision:** A caring community that optimizes opportunities for overall well being to enhance quality of life as people age.

2. Facilitate an active and positive lifestyle for all seniors



**Action Group 2:** Recreation, Learning and Leisure **Goal 2, 20 Actions** 

**Action Group 1:** 

- Work with Action Group 1 to establish a Niagara-wide working group of local Senior Advisory, Age-Friendly, Accessibility, and Active Transportation Committees
- Raise awareness about existing Age-Friendly recreation, learning and leisure opportunities for older people n Niagara



3rd Age Volunteer Leadership **Training** 

3. Optimize the health and wellness of seniors

5. Improve and maintain a supportive

and supports

infrastructure

4. Improve access and utilization of services



**Action Group 3:** Improved Services, Systems and Infrastructure Goals 3-5, 78 Actions

- Facilitate access to existing information to raise awareness about programs and services available for older people in Niagara
- Gather additional information about areas of focus in the healthcare sector related to older people (e.g. physician and specialist recruitment, palliative care); and explore whether AFNN can play an advocacy role on issues of common concern among network members
- Gather current information about housing and transportation planning in Niagara, to identify what role AFNN could play in advocating for an Age-Friendly lens to be applied going forward

An ad hoc group working to develop a framework for 3rd age volunteer leadership training in Niagara. Partners include:

**INCommunities** Leadership Niagara Niagara Health

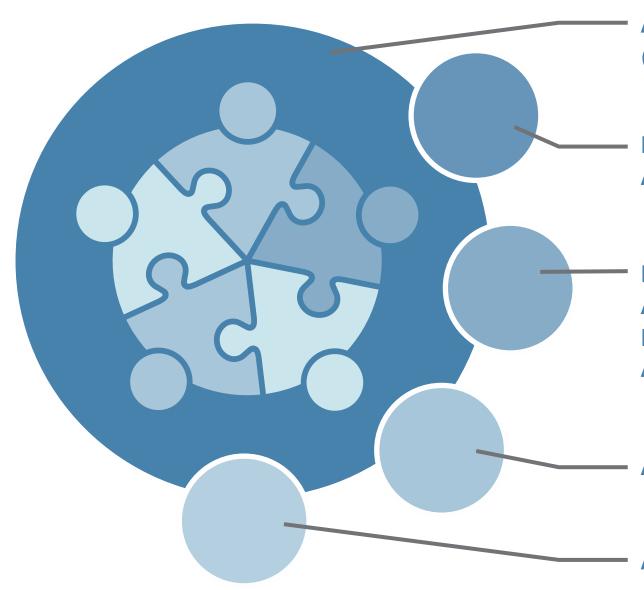


Implementing the **Niagara Aging Strategy** and Action Plan (NASAP) **Focused Action Priorities** 2018 - 2019



A Community for All Ages

## Working Together to Build a Caring Community as People Age



**Age-Friendly Niagara Network** (AFNN)

The **Age-Friendly Niagara Network (AFNN)** includes over 350 people who have an interest in an age-friendly Niagara.

**Local Municipal Seniors and** → **Age-Friendly Advisory Committees** 

Seniors Advisory and Age-Friendly Committees work at
 the local municipal level to advocate for the interests of older people and age-friendly principles in their communities.

Niagara Aging Strategy and Action Plan (NASAP)
Implementation
Action Groups

→ Three Action Groups consist of people working together to advance strategies based on the 5 goals of the Niagara Aging Strategy and Action Plan (NASAP).

**AFNN Leadership Council** 

→ The AFNN Leadership Council includes over 15 volunteers who oversee and plan network-level activities.

**AFNN Collaborative** 



→ **The Collaborative** includes 5 core partners who oversee the management of the 2017-2019 OTF grant to begin implementing the NASAP:

- Age-Friendly Niagara Network
- Community Support Services Niagara
- Niagara Connects
- Quest Community Health Centre
- Welland Senior Citizens' Advisory Committee

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