# Community Connections June 29, 2021





### **Good Morning:**

Please feel free to pass this information on to anyone who might be interested. You can find all of the past editions on Niagara Knowledge Exchange by <u>Clicking Here</u> Also, please let us know if there is anything you have found that has inspired you and we will share in future newsletters



Le 1er juillet, unissons-nous virtuellement: <u>Cliques ici</u> pour les célébrations nationales, trousse de celebration et activités partout au pays.

**On July 1, let's unite virtually:** <u>Click Here</u> for national celebrations, celebration kit and activities across the country.

Awesome Canada Day Crafts: <u>Click here</u> to find some fun easy Canada Day crafts that your kids will have tons of fun making.

Activité pour découvrir le Canada: <u>Cliquez ici</u> pour programmation sur le thème du Canada avec des activités éducatives; jeux, bricolages, coloriages, histoires, comptines, chansons, fiches d'activités imprimables.

Canada Day the Niagara Way Scavenger Hunt:



All of the Niagara Region municipalities will be joining together to host a virtual and interactive **Canada Day scavenger hunt**, known as **'Canada Day, the Niagara Way'** from June 30, 2021, to July 9, 2021. The scavenger hunt will take place within the Niagara Region and can be found on the <u>Goosechase App</u>. Goosechase activities will focus on significant locations in each municipality and require either a check-in or a creative photo submission. There will also be activities for those who wish to participate from their homes. To learn more about how to set up the Goosechase app so that you can participate, watch an instructional YouTube video by <u>clicking here</u>. Check out the event Facebook page for more information and watch for it to go live on July 1<sup>st</sup> – <u>click here</u>

#### Check out your local municipality websites for your local July 1<sup>st</sup> Celebrations.

- Niagara Falls: <u>Click here</u>
- Welland: Click here
- Fort Erie: <u>Click here</u>
- West Lincoln: Click here
- Grimsby: <u>Click here</u>
- Lincoln: <u>Click here</u>
- Niagara-on-the-Lake: Click here
- Pelham: Click here
- St Catharines: Click here
- Thorold: <u>Click here</u>

# Checkout out other Canada Day activities in Niagara:

- Friends of Fort George: Click here
- Niagara Falls Tourism: Click here





#### A DAY TO LISTEN: AMPLIFYING INDIGENOUS VOICES

6am – 6pm on Wednesday, June 30 on radio stations across Canada. In partnership with the Gord Downie & Chanie Wenjack Fund (DWF), A DAY TO LISTEN is dedicated to sharing stories from Indigenous leaders, residential school survivors, elders, musicians, and teachers throughout the day. <u>Click</u> <u>here</u> to find a participating radio station near you and more information

**Residential Schools – Information and Support:** If you or the families that you work with are seeking to learn more about Residential Schools and their legacy of trauma, look to our local Indigenous Friendship Centres for information, resources and how to help.

**The Fort Erie Native Friendship Centre** has a video series called "Indigenous Perspectives" as well as other informational videos, <u>click here</u> to view.

**The Niagara Regional Native Centre** have a 7 Day Healing Fire until July 2<sup>nd</sup>, <u>click here</u> to learn more.

<u>Tshikeksa' EarlyON</u> and <u>Odrohyageweh EarlyON</u> both offer information and resources for families and children, click on each name to visit their Facebook pages. If you are interested in purchasing an orange shirt as a sign of your support, be sure your purchase is from an organization that is respectful and reputable and are donating proceeds of sales to Indigenous communities/organizations. Two recommended sites <u>Orange Shirt Day</u> and <u>Native Northwest</u>

# **Check out these Local Activities and Resources:**

**Safari Niagara**: Splash, laugh, jump, run, play & learn at Safari Niagara. <u>Click here</u> to find out more about the activities available and Covid restrictions and guidelines.

**Happy Rolph's Animal Farm**: Animals returned to the popular attraction this year, breathing life into the facility. Going forward the farm will be open from 10 a.m. to 8 p.m. seven days a week following COVID-19 recommendations and restrictions. <u>Click here</u> for directions and operating hours.

**Clifton Hill:** as things begin to reopen <u>Click Here</u> for activities and fun things to do on Clifton Hill in Niagara Falls

**Niagara EarlyON Virtual Services:** While the COVID-19 pandemic has changed many aspects of our daily lives, our EarlyON educators have developed virtual activities for families to enjoy safely and from the comfort of their own home. EarlyON centres are sharing these fun and engaging activities through their Facebook pages. <u>Click Here</u> to see the list of **EarlyON Facebook** pages.

**Bethesda Summer Services Guide**: Bethesda is pleased to offer Foundational Family Services for children/youth and their families who are registered with the Ontario Autism Program. All Foundational Family Services are provided at no cost to families and are outlined in this service guide. <u>Click here</u> to view the Summer Services Guide

**Funding Opportunity**: There is still time to apply for the Funding for Social Development Partnerships Program – Children and Families – Social Inclusion of Vulnerable Children and Youth. The Call for Proposals closes on July 6<sup>th</sup> at noon – <u>click here</u> to learn more and read the complete applicant guide.

**Funding Opportunity 2**: The Niagara Community Foundation has a number of funding opportunities with application deadlines at the end of summer or early fall. If you are a charity or not for profit, <u>click here</u> to view the upcoming opportunities.

**Financial Relief Navigator**: Prosper Canada has created an on-line tool to help families learn about the help that might be available to raise their income or lower their expenses in these challenging times. <u>Click here</u> to visit the site

# Activities and supports for you, your clients & families:

**Cooking with your Kids: A Yummy World of Fun:** Getting your kids involved in meal prep is a great way to encourage them to try new foods. (It even works with the pickiest of eaters!) <u>Click</u> <u>Here</u> for a few tips and recipes to help your family get started.

**Cuisiner avec les Enfants: une Délicieuse Facon de S'amuser:** En faisant participer vos enfants à la préparation des repas, vous les encouragerez à essayer de nouveaux aliments. Ça fonctionne même pour les plus capricieux d'entre eux! <u>Cliquez ici</u> quelques conseils et recettes pour commencer à cuisiner en famille.

Attractions Ontario: <u>Click here</u> to see what attractions are now open or are opening soon near you.

**Day Camp at Home**: As the province slowly begins to open up, there will be a return to in-person day camps but if you'd like to continue the fun at home, check out Active for Life's Day Camp at Home site. Originally created for last summer, the links are still active and the activities still fun, <u>click</u> <u>here</u> to visit the site.

**Telling Tales**: For those rainy summer days when a book is the best company, check out Telling Tales. It is a local festival of stories and storytellers that moved a lot of their content on-line last year. Here you will find stories, recommended reading lists and other reading related resources. <u>Click here</u> to see more.

## **Stay Active Outdoors:**

**Celebrate Canada Day outdoors**: <u>Click here</u> to get active in your backyard and explore your natural surroundings! Go on a scavenger hunt, decorate your sidewalk or work out like a Canadian athlete.

La fête du Canada: Plein air et activité physique: <u>Cliquez ici</u> pour sortez dehors et soyez actifs! Participez à une chasse au trésor, décorez votre trottoir ou entraînez-vous comme un athlète canadien.

**Nature Conservancy of Canada:** Practicing safe physical distancing doesn't mean staying away from nature. Connecting with nature will help reduce your stress level and improve both physical and mental health during these unusual times. <u>Click Here</u>

**Conservation de la Nature Canada:** Pratiquer la distanciation physique ne veut pas dire s'éloigner de la nature! Bien au contraire, car s'y connecter aide à diminuer le stress, en plus d'améliorer la santé physique et mentale. Voilà une bonne chose pendant cette période si particulière. <u>Cliquez ici</u>

**Seeing in the Dark**: Summer nights are perfect for being outside and there is so much to see! From the constellations in the sky, to planets, airplanes and fireflies! <u>Click here</u> to visit the PBS site – Seeing in the Dark that has lots of activities and information to learn more about the night sky. <u>Click</u> <u>here</u> for some fun nocturnal animal craft ideas. <u>Click here</u> for some summer night time activities for kids.

# Stay up-to-date:

"Vaccines don't stay in your body, and they don't change your DNA. They give your immune system the tools it needs to defend itself against Covid, then disappear." Dr. Tom Frieden

**Ontario's Roadmap to Reopen – May 2021:** <u>Click here</u> to learn about the province's threestep plan to safely and gradually lift public health measures based on ongoing progress of province wide vaccination rates and improvements of key public health and health care indicators.

**Déconfinement de l'Ontario – mai 2021:** <u>Cliquez ici</u> pour renseignez-vous sur le plan de la réouverture en trois étapes de la province pour lever graduellement et en toute sécurité les mesures de santé publique en fonction de la progression continue des taux de vaccination dans.

**Niagara Region Community Resources:** is working with the community to ensure residents are connected to resources, services, programs and support during the COVID-19 pandemic. <u>Click</u> <u>Here</u>

**Ontario's vaccine distribution implementation plan:** <u>Click here</u> to learn about Ontario's vaccination program to help protect us against COVID-19.

**Plan de mise en œuvre de la distribution des vaccins de l'Ontario:** <u>Cliquez ici</u> et renseignez-vous sur le programme de vaccination de l'Ontario pour nous aider à nous protéger contre la COVID-19.

**Niagara Health:** Niagara Health's COVID-19 Vaccination Clinic is open to priority groups by appointment only at the Seymour-Hannah Sports and Entertainment Centre in St. Catharines.<u>Click</u> <u>here</u> to learn more.

**Santé Niagara:** La clinique de vaccination COVID-19 au Seymour-Hannah Sports and Entertainment Centre à St. Catharines est ouverte aux membres des groupes prioritaires sur rendezvous seulement. <u>Cliquez ici</u> pour en savoir plus.

**Niagara Region FAQ's:** <u>Click here</u> if you have any additional questions about vaccines, booking appointments or general information about COVID-19.

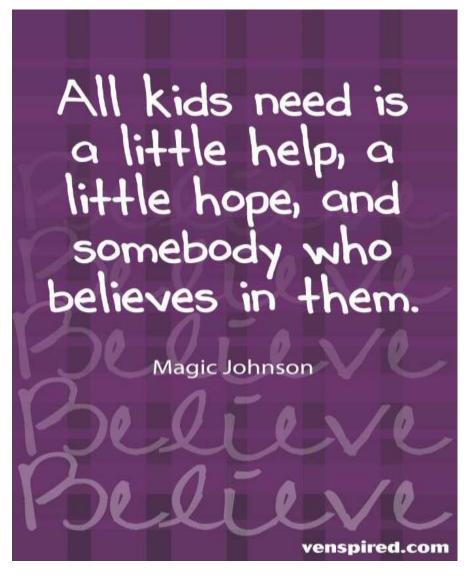
**Ontario Government Covid-19 Update Page:** <u>Click Here</u> to get the latest case data and updates, learn how to protect yourself and others and get advice on what to do next if you think you might have COVID-19. (This site has the information available in many other languages.)

**Mise à jour Covid-19 du gouvernement de l'Ontario:** <u>Cliquez ici</u> pour obtenez les plus récentes données sur les cas et mises à jour, apprenez comment vous protéger et protéger les autres et obtenez des conseils sur la marche à suivre si vous craignez d'avoir contracté la COVID-19.

Health Canada Covid-19 Update Page: <u>Click here</u> to get the facts about COVID-19 vaccines and find resources for your families

Gouvernement du Canada - Maladie à coronavirus (COVID-19):

Cliquez ici pour les faits sur les vaccins contre la COVID-19 et Ressources de sensibilisation



We would like to apologize if you received multiple copies of this email. We are trying to reach out to as many early years educators and staff as possible. Please share with all of your staff, clients, families or anyone who is not on this email list.

Take Care and Stay Healthy *Karen & Sharon* 

Children's Services Niagara Region PO Box 344 1815 Sir Isaac Brock Way Thorold, ON L2V 3Z3 Karen.schmidt@niagararegion.ca Sharon.milne@niagararegion.ca



Protect yourself. Protect others. Get vaccinated.