

Mental Health
Services for
children/youth
up to age 18,
and their families

hear & now



Walk-In Clinic

Pathstone 
Mental Health

5 DAYS / ST. CATHARINES

Mon-Thurs – 9:00 a.m. – 7:00 p.m.

**last appointment at 6pm*

Fri – 9:00 a.m. – 4:00 p.m.

**last appointment at 3pm*

Branscombe Mental Health Centre

24/7 Crisis Line 1-800-263-4944

NO
Appointment

NO
Cost

NO
Health Card

www.pathstonementalhealth.ca

MONDAY

Welland

11:30 a.m. – 7:30 p.m.
John Howard Building

Niagara-on-the-Lake

11:30 a.m. – 7:30 p.m.
Red Roof Retreat

**last appointment at 6pm*

TUESDAY

Fort Erie

11:30 a.m. – 7:30 p.m.
Bridges Community Health Ctr

**last appointment at 6pm*

WEDNESDAY

Grimsby

11:30 a.m. – 7:30 p.m.
Grimsby Public Library

Port Colborne

11:30 a.m. – 7:30 p.m.
Bridges Community Health Ctr

**last appointment at 6pm*

THURSDAY

Niagara Falls

11:30 a.m. – 7:30 p.m.
Niagara Falls Community Health
Centre

Beamsville

11:30 a.m. – 7:30 p.m.
The Fleming Centre

**last appointment at 6pm*

**FIRST COME FIRST SERVE,
ONE-ON-ONE
MENTAL HEALTH
COUNSELLING**